



JOB DESCRIPTION

Name : **DURKA A/P RETNAM**

Position : **Physiotherapist**

Reports To : **Operations Manager/Medical Director**

Tasks, Duties & Responsibilities : Main duties & responsibilities of the following must be observed:

- Physiotherapy involves the prevention, assessment and treatment of disorders of patients' movement due to physical disabilities, trauma or illness.
- Helps patients relieve pain, improve muscle strength, joint range and mobility, increase exercise tolerance and improve respiratory function.
- Helps patients improve their physical state through a variety of treatment techniques, such as but not limited to:
 1. Therapeutic exercises
 2. Thermotherapy
 3. Chest therapy
 4. Ultrasonic therapy
 5. Electrical stimulation
- Work closely with the Medical Team/Doctors to ensure the patient receives progression of treatment.
- With holistic approach, the Physiotherapist helps each patients achieve maximum movement and independence, reducing the risk for further injuries and to achieve a healthier lifestyle.
- Be mindful of patients' hygiene and safety at all times.



Summary of Role: **The Physiotherapist** is responsible to:

- Provide safe and competent care at all times to patients at the home.
- Works together with the Staff Nurses/Caregivers in the care responsibilities and tasks related to activities of daily living, according to patients' condition.
- be part of team focus on growth and profitability
- Be innovative, versatile and able to assist in carving a niche market in our services.
- Be street wise able to minimize unnecessary operational costs and manpower.

Others **:** Adherence of the following should also be observed:

- That the dignity, comfort and safety of the patients are respected at all time.
- The codes of confidentiality related to patients, medical staff, colleagues and VIDA SENIOR CARE.
- That the correct procedures are strictly followed concerning patients care and overall cleanliness of the VIDA SENIOR CARE.
- That all residents' updating of information is completed accurately and timely.
- To ensure that procedures with regard to infection control are understood and rigorously practiced by the all staffs.
- That cleanliness and hygiene is strictly adhered to.
- Cooperate with the rest of the staffs.
- Respect everyone and be an excellent team player.
- Good interpersonal skills & communication.
- Assist where necessary.
- Any other guidelines deemed for the effective and efficient running of VIDA SENIOR CARE.

Shift work or on-call rotation can sometimes be part of the job.

I, DURKA A/P RETNAM, I/C No. 901109-10-5382 have read this letter and fully understood the contents therein and my signature attested herein signifies my full acceptance of my job description.

Signature: _____

Date: _____